



September 2021

BELL SCHEDULE

Block 1	7:59 – 9:12 am
Block 2	9:16 – 10:29 am
FLEX	10:29 – 10:58 am
Block 3	11:02 am – 12:15 pm
LUNCH	12:15 pm – 12:55 pm
Block 4	12:59 pm – 2:11 pm
Block 5	2:15 pm – 3:27 pm

TRUTH & RECONCILIATION DAY

September 30, 2021

Reminder to staff and students to please wear an ORANGE shirt on Wednesday, September 29th to honour the lives of the Indigenous Children.



Honouring Experiences . Celebrating Resilience

DAY FOR TRUTH AND RECONCILIATION



LEARN

**CANADA'S RESIDENTIAL
SCHOOLS & THE IMPACT**

**INDIGENOUS CULTURE
THROUGH WORKSHOPS
AND ART DISPLAYS**

The Ballantyne Project

**SEPTEMBER 30TH
4:00PM-8:30PM**

DOORS OPEN AT 3:45

Featured Speakers

Dr. Jennifer Mervyn

Dwight Ballantyne

and Indigenous youth special guests

No admission fee. Donations
are being accepted for Orange Shirt Society
Vaccine passport required

Riverside Community Church
2329 Fremont Connector
Port Coquitlam



Riverside
Community Church

Illustration: UBC



The Ballantyne Project

**THIS CERTIFICATE FOR SIX (6)
COMMUNITY VOLUNTEER HOURS IS
PRESENTED TO:**

(STUDENT NAME HERE)

**For fostering Indigenous and non-Indigenous relationships in
Canada through connection, conversation and action during and
following our Orange Shirt Day Event,
September 30, 2021**



CALL FOR TEEN VOLUNTEERS!



Place des Arts' 2021/22 Youth Arts Council

Volunteer opportunity for teens in grades 9 to 12 to become involved in the arts community and develop leadership skills. The council meets regularly during the school year and plans two annual events for teens. (all events will be produced in accordance with the Provincial Health & Safety regulations).

APPLY NOW!

Visit placedesarts.ca and click on "Support Us" to learn more or to download an application form. Application forms are also available at the Place des Arts reception desk.

Contact the Program and Community Engagement Assistant: 604.664.1636 ext. 24 or email volunteer@placedesarts.ca

1120 Brunette Avenue, Coquitlam | 604.664.1636 | www.placedesarts.ca

2021-2022 HWSS STUDENT COUNCIL



As a member of Heritage Woods Student Council, you will be representing the student body and should be able to bring positive changes you want to see in our school.

Application Forms are available at the main office.

DEADLINE to return completed application form is Friday, October 1st.

→ Please return to the main office.

STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a **PARKING PASS** to be displayed in vehicle. Usually hang from rear view mirror.



STUDENT PARKING PASSES

If you completed the registration form your Parking Pass is ready for p/u from the main office.

Usually hang from rear view mirror.



KODIAK ATHLETICS



KODIAKS VOLLEYBALL

Next week's practice schedule

September 28	September 29	September 30
3:45 – 9GV/SGV 5:30 – 7:15	3:45 – SBV/SGV 5:30 – 7:15 -	Truth & Reconciliation Day

CLUBS



Join Model United Nations!



- Learn to strategize and debate!
- Gain public speaking skills!
- Become familiar with real world events!
- Great for university applications 😊

- Meet at Lunch in Library
- **THIS WEEK ONLY:**
MEETING WEDNESDAY

Scan the QR code to
sign up!



Meetings on Thursdays
at lunch in room 209!

First meeting
Oct. 7!



Join You & I HWSS!

We are a student-led non-profit organization
that seeks to raise awareness towards youth
about cultural diversity and racial injustice!

- Gain volunteer hours
- Learn from discussion meetings
- Fundraise



[Sign up here!](#)





Join Waterlution Club

@hwsswaterlutionclub

- Initiate water conservation efforts in our school community
- Lead events that enhance water knowledge and appreciation
- Support advances towards water security, climate and equity

**Executive and General Member
positions are now open!**



Apply Here



Executive position deadline: Sept. 30th, 2021

General member sign-up is open throughout the year

CAREER CENTER





BCIT Big Info: At-home Edition

- **Big Info is the largest program expo and information session at BCIT. It's your chance to find out about all our programs – from business, computing and health to engineering, trades and applied sciences.**

Join us online Oct 4-7 from 4-8pm.

- **This fall, we're hosting Big Info on Zoom over four nights. Join us from the comfort of your home to explore multiple areas of study, learn more about what it's like to study at BCIT, and find a program that's right for you. Each night will cover specific industry sectors as well as key student services areas.**
- **While the event may look a little different, you'll still be able to hear from faculty and staff, and get all your questions answered without leaving your couch. Think of it as Big Info: At-home Edition.**
- **Register now to ensure your spot: https://www.bcit.ca/about/visit/big-info/?utm_source=mailchimp&utm_medium=email&utm_campaign=sept21_educator_update&utm_content=link&mc_cid=488d856b4a&mc_eid=6a16c979e8**

CANADIAN UNIVERSITIES EVENT



50+ INSTITUTIONS | SEPT 27, 28, 29 | OCT 2, 4, 5, 6

Connect with university reps from across Canada & learn more about your post-secondary options!

Student Registration:

<https://cuebc.org/for-students/>

Acadia University	Mount Allison University	University of Calgary
Alberta University of the Arts	Mount Royal University	University of Fraser Valley
Bishop's University	Mount Saint Vincent University	University of Guelph
Brescia University College	Nipissing University	University of Guelph-Humber
Brock University	Ontario Tech University	University of King's College
Burman University	Queen's University	University of Lethbridge
Capilano University	Quest University Canada	University of Manitoba
Carleton University	Royal Military College	University of New Brunswick
Concordia University	Ryerson University	University of Northern BC
Concordia University of Edmonton	Saint Mary's University	University of Ottawa
Dalhousie University	Simon Fraser University	University of Prince Edward Island
Emily Carr University	St Francis Xavier	University of Regina
Fairleigh Dickinson University	St Thomas University	Université de Saint-Boniface
Huron University College	The King's University	University of Saskatchewan
King's University College	Thompson Rivers University	University of Victoria
Kwantlen Polytechnic University	Trent University	University of Waterloo
MacEwan University	Trinity Western University	Vancouver Island University
Marine Institute	University of Alberta	Western University
Memorial University	University of British Columbia	York University





Are you interested in studying at Simon Fraser University? Our Fall Webinar Series is an excellent way for you to learn more and connect with SFU representatives. Over the next few months we'll cover a variety of topics, such as how to apply, program highlights, student life, and more!

Please use this link to access the webinars: <https://www.sfu.ca/students/admission/tours-events/upcoming.html>





ACADEMIC FOUNDATIONS FOR POTENTIAL NURSING APPLICANTS

- Applications for **FALL 2022** WILL **OPEN ON MONDAY OCTOBER 04, 2021 AT 9 AM** and will close on Wednesday October 06, 2021 at 4 pm. You should be ready to apply at 9 am October 04.
- Students applying for this program directly from high school will not receive application decisions until the summer of 2022 when high school grades become available. please make sure you select a second option when you are applying.
- Questions? Check the website <https://www.douglascollege.ca/program/ctafpn>
- Still unsure? See Ms. Butler before October 4, 2021.

****Nominations for MMS Live have been submitted and those students who are successful will be contacted directly by MMS.**

Non-nominated students are eligible to register themselves for [Mini Med School On-Demand](#).

Mini Med School 2021 - Discoveries in Diabetes: A Century of Innovation

- <https://www.bcchr.ca/events/mini-med-school/mini-med-school-vancouver>
- Join us virtually for Mini Med School 2021 as we commemorate scientific achievements in diabetes research. Together we will explore the remarkable discovery of insulin, advances and innovative therapies in diabetes treatment, diabetes' impact on the immune system, and the personal impacts of living with diabetes.
- **Interested in participating?**
- Mini Med School is transitioning to an all virtual learning platform. Participation is free, but participants will require access to a computer, tablet or smartphone and a stable internet connection.

Virtual attendees across BC will now have two ways to participate in Mini Med School 2021:

- **Mini Med School Live**: Engage with researchers and clinicians at BC Children's Hospital in real-time! Participation is restricted to BC students from grades 10-12. **Interested students must be nominated by a teacher to participate.** To maximize interactions between students and presenters, only 200 students will be enrolled.
- **Mini Med School On-Demand**: Participate when it works for you. Registration is open to everyone. A maximum of 300 participants will be enrolled in the program.
- Mini Med School strives to empower youth and promote an equitable and inclusive learning environment. Further space is available for **Mini Med School Live** and **Mini Med School On-Demand** for BC students from grades 10-12 who identify as First Nations, Inuit, or Métis. Teachers or the students will be asked to self-identify as Indigenous on the registration or nomination form.

Canadian Universities Events for students

Canadian Universities Event (CUE) Virtual Fair Registration is OPEN! Interact with and learn about more than 50 post-secondary institutions across Canada.

All of our Live Events will feature representatives from participating universities ready to answer questions, provide information and get connected. Just like individual universities, each live event will look a little bit different! Check out the descriptions on the live event page to find out more on what to expect. Student events will be taking place on the following days and times:

- Tuesday, September 28: 4 pm - 7 pm (PDT)
- Wednesday, September 29: 4 pm - 7 pm (PDT)
- Saturday, October 2: 10 am - 1 pm (PDT)
- Monday, October 4: 4 pm - 7 pm (PDT)
- Tuesday, October 5: 4 pm - 7 pm (PDT)
- Wednesday, October 6: 4 pm - 7 pm (PDT)

- Not sure exactly where to begin? This is a great start!
- Post-secondary is an exciting time to start exploring. Whether you are confident in your future career path or are looking to develop skills to be successful in a variety of different jobs – equipping yourself with information is the best way to make a decision that is right for you.
- Get more details and register here: <https://cuebc.org/events/>

As part of this application process, the student will be required to upload a form letter of support from their nominating sponsor (e.g., a teacher, guidance counselor, coach).

Students interested in being nominated must speak to a teacher FIRST.

Nomination forms available from Ms. Butler.

LEARNING to lead™

MINERVA

THE STEM PROGRAM

The Learning to Lead™ STEM program is for self-identified girls who are curious about STEM fields and want to develop the confidence to follow a non-traditional path.

25 curious problem-solvers in Grades 10-12 will have the opportunity to develop their confidence through virtually delivered workshops that identify their key strengths and core values, attain greater self-awareness and gain a supportive network of friends and mentors working in STEM fields.

WHAT YOU'LL LEARN

Learning to Lead™ STEM will focus on:

- Self-knowledge
- Being a leader
- Increasing confidence
- Being authentic
- Creating connections

PROGRAM 2021

Details of the 3-day online program:

Friday, Oct 1: 6pm-8pm PT
Saturday, Oct 2: 9:30am-5:30pm PT
Sunday, Oct 3: 9:30am-12pm PT

“ I recommend it to every passionate girl who wishes to feel the true essence of being a leader! ”



JOIN US!

We are looking for youth who demonstrate independent thought, a desire to contribute to their communities, and have taken on and overcome challenges.

25 participants will be selected to attend our first ever STEM program. Indigenous youth are encouraged to apply.

To nominate a student, contact Ashley Milbury (Youth Programs Manager) at ashleym@minervabc.ca

To learn more and apply, visit minervabc.ca/learning-to-lead/

Apply Before: Sep 25 2021

Thanks to our generous sponsors and donors, Learning to Lead™ STEM will be offered at no cost to participants.

Not simply a scholarship — we invest in potential.

APPLICATIONS ARE OPEN!



DEADLINE: OCT. 13, 2021 (before 8PM ET)

www.loranscholar.ca

In partnership with [universities](#), [donors](#) and [volunteers](#) across the country, we're investing in the future of Canada. We offer the country's largest and most comprehensive four-year undergraduate award (valued at \$100,000) to young Canadians on the basis of character, service and the promise of leadership.

No school nomination required.

Are you the next Loran Scholar from Heritage Woods?

Do some research (<https://loranscholar.ca/our-scholars/>) and if you have questions about this award feel free to visit Ms. Butler for feedback on what it means to be a Loran Scholar.

Post-Secondary BC (PSBC) VIRTUAL FAIRS FOR STUDENTS & PARENTS

www.postsecondarybc.ca

- - Seven dates, open to everyone across the province, with each fair open for 10 hours.
- - Presentations (live or pre-recorded) up to six times daily (# will vary by institution)
- - Live text & video chat available with institutional representatives
- - Multiple “door prizes” will be awarded to student participants after each event
- - There will also be prizes for SCHOOL PARTICIPATION – Details coming soon

Registration for students will open on Friday, Sept 24th starting at 9:00am – Register for any date.

- The link to register will be on the **PSBC Website**

Date	Event	Timing	Notes
Thurs October 7	PSBC Virtual Fair 1	9:00 AM – 7:00 PM each event day	Presentation Times 9:30 am, 10:30 am and 11:30 am 4:30 pm, 5:30 pm and 6:30 pm
Tues October 19	PSBC Virtual Fair 2		
Wed November 3	PSBC Virtual Fair 3		
Tues November 9	PSBC Virtual Fair 4		
Thurs November 18	PSBC Virtual Fair 5		
Wed December 1	PSBC Virtual Fair 6		
Tues December 7	PSBC Virtual Fair 7		

- **This is a great opportunity to gather information about all of the fabulous post-secondary options in BC.**



YWCA HIGH SCHOOL MENTORSHIP PROGRAM

Are you in Grade 11-12 and wondering about your career choice?

We match young cis and trans women, and gender-diverse youth in Grades 11 and 12 (mentees) with volunteer professionals (mentors) for a one-to-one mentoring relationship!

What to expect:

- Matches are based on career and education interests
- Meet up monthly with your mentor
- Attend relevant and free, online workshops and events

Attend an information session to learn more:

Wednesday, September 29th 4:30-5:30pm, Thursday, October 14th 4:30-5:30pm.



Details available at:
ywcavan.org/HS-mentee

European Universities Consortium (EUC) US, Canada & Caribbean Tour is confirmed! The tour will occur **October 5th - 6th** virtually.

Below are the participating universities:

- [Bocconi University - Milan, Italy](#)
- [Carl Benz School - Karlsruhe, Germany](#)
- [EHL - Lausanne & Passugg, Switzerland & Singapore](#)
- [IE University - Madrid & Segovia, Spain](#)
- [Jacobs University - Bremen, Germany](#)
- [Modul University - Vienna, Austria](#)
- [Trinity College Dublin - Dublin, Ireland](#)
- [Brussels School of Governance \(formerly Vesalius College\) - Brussels, Belgium](#)

The agenda for both days is **5:00-8:00 PM**: Booths open for information and chatting with university representatives.

Session Schedule (both days):

- 5:00-5:30 PM: Introduction to the EUC Universities with Q&A
- 5:30-6:00 PM: Q&A for Counselors

LIVE University Presentations:

- Oct. 5:**
 - 6:00-6:30 PM: **Studying in the Capital of Europe**: Brussels School of Governance
 - 6:30-7:00 PM: **Careers in Germany**: Carl Benz School
 - 7:00-7:30 PM: **Dive into Research** at Jacobs University
 - 7:30-8:00 PM: **Embrace Entrepreneurship** at IE University
- Oct. 6:**
 - 6:00-6:30 PM: **Study with a View** at Modul University Vienna
 - 6:30-7:00 PM: **Study Business** at Bocconi
 - 7:00-7:30 PM: **Explore the World of Hospitality** at EHL
 - 7:30-8:00 PM: **“Céad míle fáilte”** to Trinity College Dublin!

Register
<https://eucnorthamerica.europeanuniversities.eu/register>



STUDY IN EUROPE
EUC US, Canada & Caribbean Fair
October 5: 5-8 PM EST October 6: 5-8 PM PST

- ✓ Learn about 8 renowned European universities.
- ✓ Visit virtual booths and download informative materials.
- ✓ Attend live sessions on specific topics.
- ✓ Chat live with university representatives.



Upcoming STEM workshops & events

Coding for Social Change Program

- Dates: Oct 2-Dec 4, 2021 (every Saturday except for Oct 9 long weekend)
- Time: 10:00-11:30 am
- Delivery: Online via Zoom
- Grade: 7-10*
- Cost: Free
- Application link: <https://sites.google.com/view/sfucsc/apply-now>
- *If you're not within this grade range but would like to join the program, please email Eva at sacoord@sfu.ca.

VOLUNTEER OPPORTUNITIES





Are you interested in Pharmacy as a career? Are you in Grade 11 or 12?

- **Medicine Shoppe Pharmacy at Prairie Mall is looking for a few responsible volunteers.**
- **This is an opportunity to see how a pharmacy works as well as meet current UBC Pharmacy Students doing practicum.**
- **Please forward your resume ASAP to Medicine Shoppe either in person (Unit 1146 - 1470 Prairie Avenue in Port Coquitlam) or by email medicineshoppe409@outlook.com**
- **The pharmacist will make decisions near the end of September.**

VOLUNTEER OPPORTUNITIES!

[Community Volunteer Connections](#) - Event October 2, 2021

Coquitlam Volunteer Job Fair: Door monitors, Greeters and General tasks

- This opportunity is suitable for:
 - Youth (16+)
 - Earning High School volunteer hour requirements
 - gaining experience in working with the public
- To apply and for more information or questions, please contact Carey at clepage@volunteerconnections.ca

VOLUNTEER OPPORTUNITIES

Vancouver International Film Festival (VIFF)

- Vancouver, Multiple roles
- This opportunity is suitable for:
 - Youth (16+), Adults (19+)
 - Love working on a team with great customer service skills
 - Interest in film and storytelling on the screen
 - Ushers, scanning tickets, managing line-ups, helping box office
- To apply see link above
- For more information or questions, please contact volunteer@viff.org

Port Moody Station Museum - loco Ghost Town Days Event - October 2, 2021

- Port Moody, Event Assistants
- These opportunities are suitable for:
 - Age 14+ (anyone under age 14 needs parental consent)
 - Set-up starts at 8:00 am and takedown starts at 4:00
 - Volunteers also needed for super fun event tables
- To apply see link above
- For more information or if you have questions, please contact Brianne Egeto at: info@portmoodymuseum.org